

Sweden by train



Welcome to Sweden

It doesn't really matter what time of year you come to visit us. Experiencing Sweden in the winter is just as exciting and amazing as it is in the summer – regardless of whether you are heading for the big city heat or the wondrous wilderness of our northern realms. Travel by train, and you can rest assured that you have not only chosen the most ecologically sound alternative for your journey, you have also chosen the most comfortable and safest means of transport. You can quietly recline in a cosy seat on our modern trains and simply enjoy the trip as a delightful preview to the adventure that's yet to come. And you can spend your time onboard doing precisely as you please.



Sweden is fantastic with an InterRail Sweden Pass

If you intend to travel around Sweden and see a lot of the country or want to have flexible travel plans, an InterRail Sweden Pass is just the ticket. You can choose between 1st or 2nd Class passes for 3, 4, 6, or 8 travel days, to be used within a month. The InterRail Sweden Pass is available for adults, children and youths*.

If you would also like to take the opportunity to visit our Nordic neighbours by train, buy an InterRail Global Pass and travel to your heart's content in Sweden, Norway, Denmark and Finland. InterRail Global Pass is available for adults, children and youths*, in 1st or 2nd Class, for 5 travel days within a 10-day period, for 10 travel days within 22 days, or for 22 days' or 1 month's free travel.

By train from Denmark to Sweden

If you take the high speed X2000 from Copenhagen to Stockholm, you are obviously welcome to stop off at another town along the way. Direct trains depart from Copenhagen to Stockholm almost every other hour. The journey from Copenhagen to the heart of Småland takes approximately 2 hours and 30 minutes, and just over five hours to Stockholm. All X2000 and SJ InterCity trains from Copenhagen to Göteborg are direct services.

*2nd Class only.

Day trains

If you wish to travel between more central Swedish destinations quickly and comfortably, travel by our high speed X2000. The journey between Stockholm and Göteborg, for example, takes just 3 hours. You can choose to travel in 1st or 2nd Class. There is always a bistro onboard, where you can purchase everything from coffee, sandwiches, hot and cold meals and fresh fruit to games and sweets. All X2000s can offer wireless Internet access, electrical power points and plug-in sockets for radio and other music channels.

Passengers travelling in 1st Class enjoy more spacious carriages with larger seats and free coffee, fruit, Swedish newspapers and Internet access. You can also pre-book a hot 3-course meal to be served at your seat. All our X2000s are disabled friendly.

If you are bound for a smaller town or would like to visit the outskirts or countryside surrounding a major city, you can travel easily and comfortably by InterCity or by one of our regional trains

Night trains

Travelling by night train can be an excellent way of making the most of your time as you cover long distances. You arrive at your destination rested and thereby get your day off to a good start. All the night trains have refreshment facilities offering hearty hot and cold meals, drinks, sweets, snacks and a full breakfast. Some night trains also offer cinema onboard.

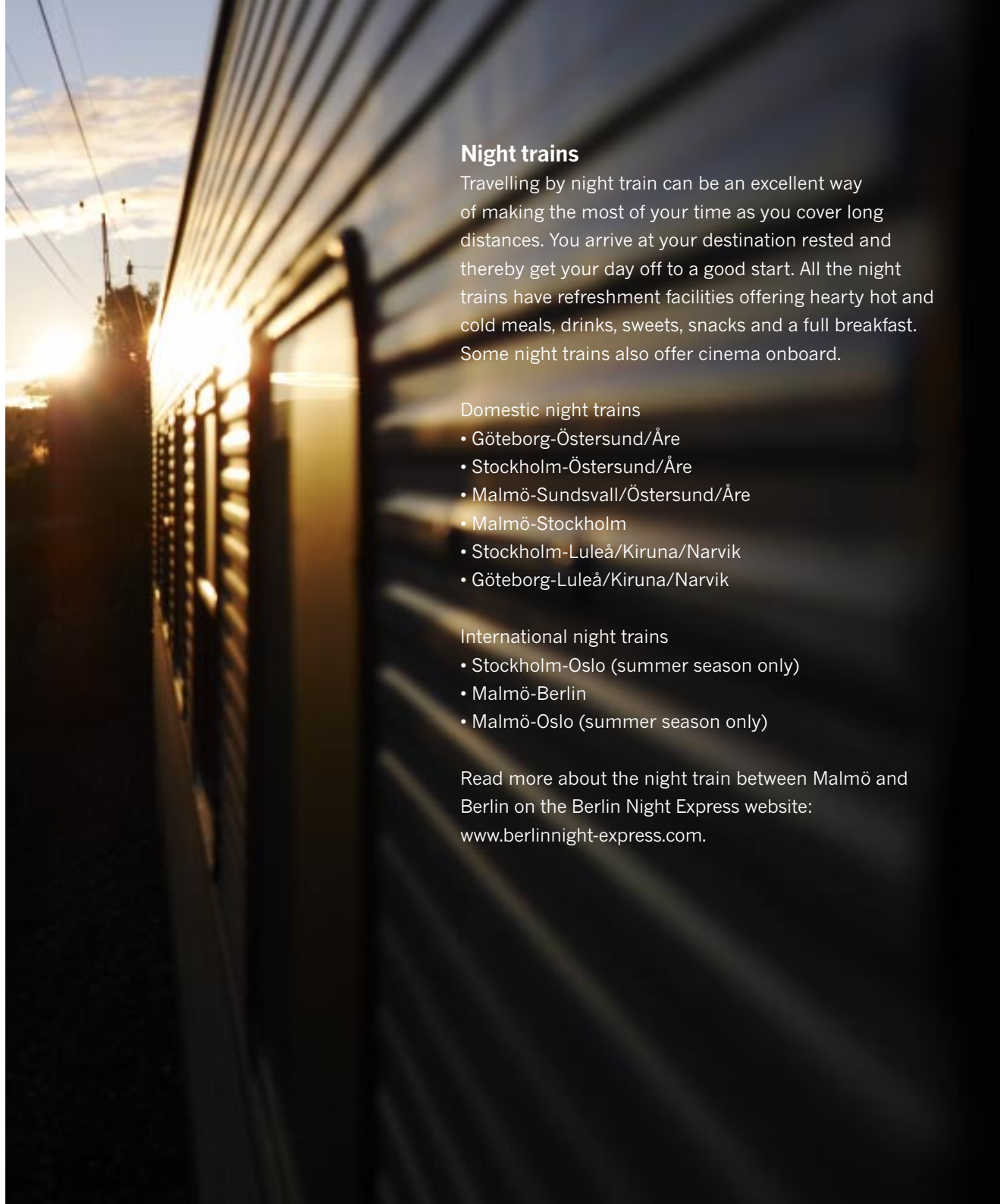
Domestic night trains

- Göteborg-Östersund/Åre
- Stockholm-Östersund/Åre
- Malmö-Sundsvall/Östersund/Åre
- Malmö-Stockholm
- Stockholm-Luleå/Kiruna/Narvik
- Göteborg-Luleå/Kiruna/Narvik

International night trains

- Stockholm-Oslo (summer season only)
- Malmö-Berlin
- Malmö-Oslo (summer season only)

Read more about the night train between Malmö and Berlin on the Berlin Night Express website:
www.berlinnight-express.com.



By direct train from Stockholm-Arlanda Airport

If you arrive in Sweden at Stockholm-Arlanda Airport, it is very easy to continue your journey within Sweden to destinations around Lake Mälaren or further north e.g. Uppsala, Gävle, Falun/Mora, Norrköping and Linköping. The Arlanda Express from Stockholm-Arlanda Airport to Stockholm Central station takes just 20 minutes.

Group and conference travel

If you are travelling in a group of at least 10 people, the entire group can receive a discount as well as a virtually tailored travel itinerary. For more information and prices, please e-mail our group booking service at gruppresor@sj.se

Buying and booking tickets

To book, please contact your railway station, travel agency or a Scandinavian specialist in your country. You can also contact the travel agency Sweden Booking, or visit our website at www.sj.se for more information. Our website will also tell you which credit cards are accepted. You can then collect your tickets from any of the SJ ticket machines in Sweden. SJ Ticket machines are also located at Copenhagen's Hovedbanegård station, Copenhagen Airport, Oslo Central station and Narvik station.

Useful websites

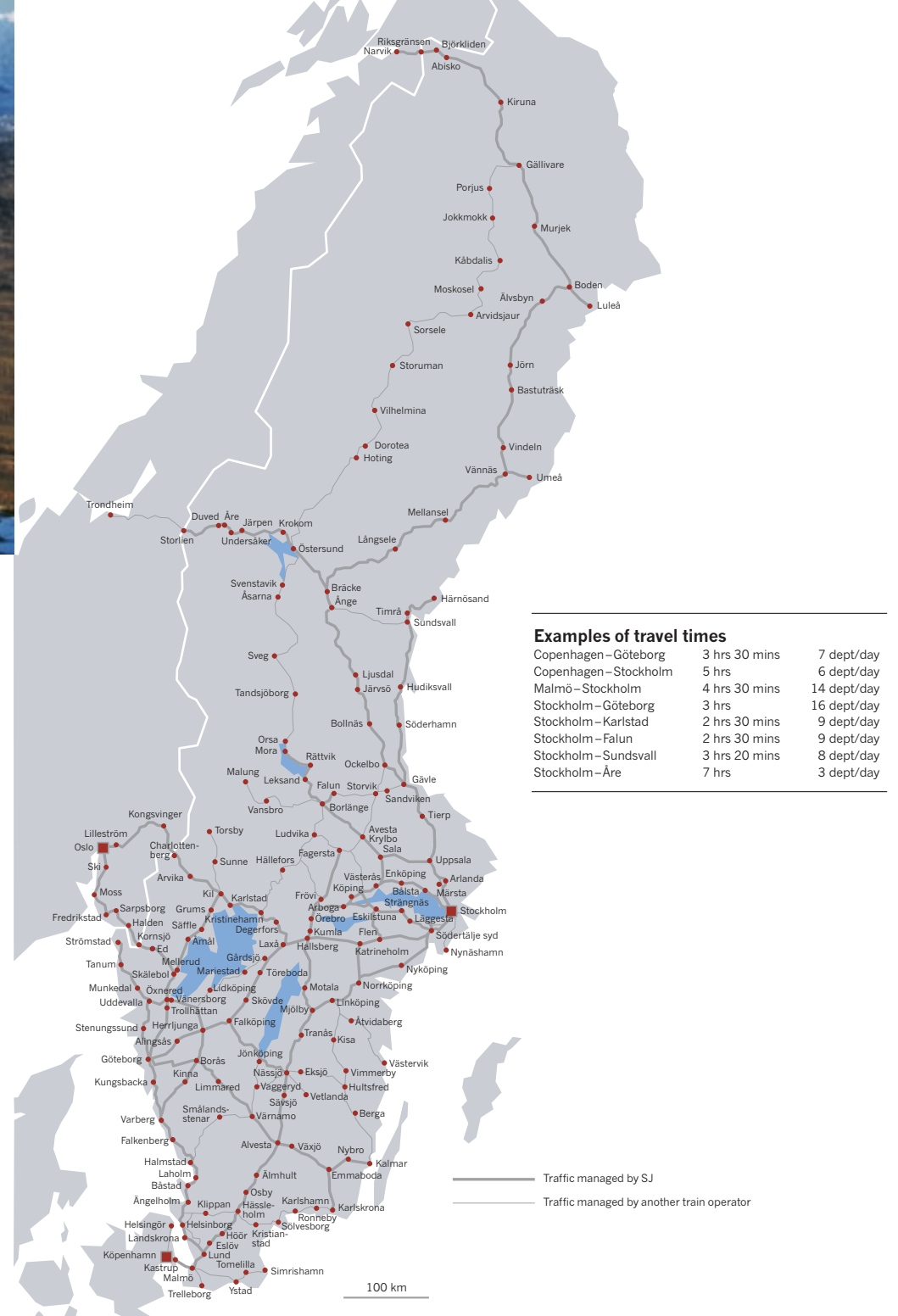
www.sj.se/english – information, booking and prices for SJ's trains
www.resplus.se – information about timetables for all trains within Sweden
www.grandnordic.se – information about the Inland Railway (Inlandsbanan) in northern Sweden
www.visitsweden.com – for general tourist information about Sweden
www.swedenbooking.com – retailers of tickets for travel by SJ and many local Swedish train operators





Northern Norrland

Travel in comfort on SJ's night trains to Luleå, Kiruna and Narvik in Scandinavia's most northerly region. It's Europe's last wilderness, with an expanse of dramatic and unspoiled countryside that is ready and waiting for you to experience the peace and power of this grand landscape. The Midnight Sun will dazzle you in the summer, while the Northern Lights will fascinate you in the winter. The train runs all the way to the globally renowned Ice Hotel in Jukkasjärvi, and on to the mountain camps in Abisko, Björkliden and Riksgränsen (on the border) from where the tracks roll on to the playgrounds of the killer whale in the sea outside Narvik in Norway. If you wish to experience an incredible journey forever etched on your memory – take the train to Norrland for an amazing adventure.





www.sj.se